



The whitest smile.
Minimal sensitivity.

What is the WhiteBox teeth whitening system?

It is a whitening system that can whiten your teeth up to B1 shade with little or no sensitivity. When whitening teeth, patients normally have two main aims – bright white teeth and no pain or sensitivity. The Westerwood teeth whitening system can fulfil both of these aims. Pain and sensitivity can be a barrier to having whitening treatments but with this system, the whitening can take place painlessly and amazing results can be achieved.

What can I expect?

The system is simple - following your appointment with the dentist, we will make your custom made trays. At a second appointment, you will be given your Westerwood whitening kit including your personalised trays. Your kit consists of three syringes of gel, your trays and sensitivity relief serum. You will then carry out your teeth whitening in the comfort of your own home by adding the gel to your trays and inserting them over your teeth. Full instructions will be given with the kit and your dentist will be on hand if you need to ask any questions.



How does the WhiteBox teeth whitening system combat sensitivity?

Tooth sensitivity occurs when whitening gel is unstable. Our gels maintain a PH level of around 6 or slightly above and this stability ensures a highly effective yet comfortable treatment. Also, included in your kit is a sensitivity relief serum to use before treatment in order to prevent sensitivity. This contains potassium nitrate and fluoride which can be used on demand as well as part of the treatment cycle. These two very important areas will ensure that your treatment is comfortable and you are able to achieve the results you would like.

How long does the treatment take?

The WhiteBox system is a 14 day process:

- Day 1: Patients use the 6% gel for 1 hour
- Nights 1 to 13: Patients use the 16% gel
- Day 14: Complete the process with 6% for 1 hour

We recommend you use the 16% gel at night when you are asleep for the most effective results. This is the most convenient way because the trays with 16% gel must be worn for at least 6 hours with no removal.

How does the system work?

The system follows a deep bleaching cycle combining the two strengths of gel in order to achieve the best outcome.

The three syringes are made up of two different strengths of gel

– 6% (one syringe) and 16% (two syringes), with a combination of hydrogen and carbamide peroxide.

6% for day use and 16% for night use. The day gel is used for one hour and the night gel is used overnight.



What happens if I am not satisfied with the shade of my teeth?

If B1 white shade is not achieved within the 14 days, additional gels will be provided until B1 has been achieved. We guarantee a bright B1 white shade.

Results

We guarantee a bright B1 white shade. This is considered to be the lightest naturally occurring shade for teeth and certainly gives you a reason to SMILE!



ASK YOUR DENTIST FOR MORE INFO